

Information prior to surgery for children

You and your child are welcome for surgery at Capio ENT, Drottningatan 99 A CFTK, Stockholm. Please visit the website [Narkoswebben.se](https://www.narkoswebben.se) together with your child.

Carefully read through this information before surgery

Food and drink

The child must not eat any food 6 hour prior to the surgery. The reason for this is that the stomach must be empty when the child is anesthetized. Up to 2 hours before surgery, the child is allowed to drink water or soft (juice squash).

They must NOT drink fruit juice with pulp, no milk products or carbonated sodas/water. If the child vomits during the anesthesia the content can enter the lungs which can be life-threatening.

Preparations at home

- Children aged 7 and above need topical anesthetic, EMLA, as they may receive an IV-canula before surgery. Buy EMLA at the Pharmacy without prescription. Place the EMLA-patches on your child 1 hour before the appointed time. Place one of the EMLA-patches on top of the right hand and one in the right arm-crease.
- Almost all children receive pain relief with Paracetamol and Ibuprofen after surgery. Buy oral solution/suppository/pills before surgery.
- Any earrings, piercings, make up and nail polish should be removed at home before surgery.

If your child uses inhalations, use daily two weeks before surgery and bring them with you.

- If your child is taking medications regularly, you should previously have been advised by your (treating) doctor which medications you should/should not take the day of surgery.
- Non-prescription medications containing aspirin (TREGO, aspirin) and anti-inflammatory drugs (Diclofenac, Voltaren and Ibuprofen) increases the risk of bleeding during surgery. Your child should refrain from using them at least one week before surgery. If needed, Paracetamol may be used before the surgery.

The day of surgery

- Your child must be healthy, have no infection such as, fever, sore throat or a cold. If so, call us and reschedule the surgery. Phone nr [08-120 544 72](tel:08-120-544-72) / [08-120 544 60](tel:08-120-544-60).
- Your child will have their own clothes during surgery and should wear clean, comfortable clothing with short sleeves. Bring a change of clothes.
- Leave valuables and jewelry at home. You will get access to a locker where you can lock up clothes and bags.
- There are many patients that undergo surgery the same day. Therefore, only one parent is allowed to accompany the child.
- The time of operation you have received is approximate and delays may occur.

Any questions regarding the surgery

Call: [08-120 544 72](tel:08-120-544-72)

Mon and Thu 14:00–16:00

Tues and Thu 07:00–09:00, 14:00–16:00

Friday 07:00–09:00

To cancel or reschedule your child's surgery contact the reception at least 14 days before the surgery.

If absent, you will be charged 400 SEK.

Welcome!